

Starport News

Wellness Walks begin onsite this month

As the weather starts to cool down for the fall, our Wellness team will begin Wellness Walks. This is a great time to de-stress from your workload and enjoy the great outdoors.

We begin our walk in front of Building 11 every Tuesday and Thursday at 11AM and stroll through the pond area on JSC Walk path for a two mile walk. You can walk at your own pace with the goal to get outside and reduce stress. We encourage our Partners at offsite locations to do the same. Every Tuesday and Thursdays at 11AM take a break and walk outside.



Annual Holiday Bazaar—now taking applications

Are you crafty? Many of our JSC Team Members can make great craft items like jewelry, home décor, “blinged out” t-shirts or they are local representatives for great products like Scentsy and Stampin’ Up. This is your opportunity to sell your great products to JSC and the local community.

Our annual event is scheduled for Saturday, November 5 from 10AM – 5PM at the Gilruth Center. Sign up now to host a table and make some cash for the holidays. Applications and more information are located on the [Starport website](#).



Wings In Orbit Book Signing

We are hosting a special book signing on Tuesday, October 4 at 5:30PM in the Alamo Ballroom at the Gilruth Center. Several authors and contributors will be on hand to discuss the book and personalize your copy.

Feds Feed Families Finale!



Thank you JSC and WSTF for reaching our goal! We not only matched Atlantis’ payload weight of 28,951 pounds of food, we went above and beyond. Together we collected 44,351 pounds of food for our local food banks proving once again, the sky is not our limit! We would like to thank MRI, ARES, Integrity, and Odyssey Space Research for sponsoring teams.

Starport Transition Assistance

Starport is offering a 3 month fitness extension to assist Starport Partner employees who are displaced from their job due to the program transitions. The intent is to provide a tool to help employees manage stress and take care of themselves while they are transitioning. More information is located on the home page of the Starport website.

September 2011

Upcoming Events

Jewelry Fair
September 1 B3

Closed for Labor Day
September 5

First Tuesday
September 6

Credit Union Booth
September 7 (B3 & 11)

NASA Day @ Rice U
September 10

Free Chair Massages
September 14(B3) & 21 (B11)

Credit Union Seminar
September 16

Wellness Walks begin onsite
September 20

Defensive Driving
September 24

Family Fitness Day
September 24

Thriller Dance Class
Sept 30, Oct 7, 14, 21, 28

Visit our calendar for more exciting events.



Come see our newly painted Alamo Ballroom, San Jacinto Room and hallway. We are remodeling our downstairs rooms to better compliment your events. New carpet will be installed this month.

But don't worry, these are not actual pictures of our patterns or color selections!



<http://starport.jsc.nasa.gov/>

